

**Indira Gandhi Institute of Physical Education and Sports Sciences  
(University of Delhi)**

Ref. No = IPE/2026/19/036

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10/4/2026

**INTER-HOUSE ANNUAL ATHLETIC MEET-2026**

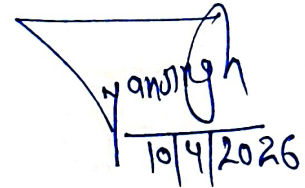
The Inter-House Annual Athletic Meet will be held on **17<sup>th</sup> April, 2026 (Friday)** from 08:00 AM in the Institute. All the students should reach the institute by 07:45 AM for assembly. However, events will start w.e.f. 08:30 AM onwards. The detailed list of events with their time of conduct is attached with this notice. House-Incharges are requested to submit the entries by **15<sup>th</sup> April 2026 (Wednesday) before 5:00 PM** to the Student Dealing Section: Mr. Ashok Kumar Saini and Mrs. Manju. **No spot entries will be entertained.**

The opening March Past will be held at 9:30 AM.



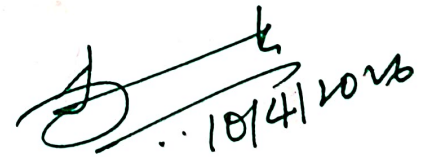
**Prof. Sandhya Tiwari**

**Joint Organizing Secretary**



**Prof. Man Singh**

**-----Organizing Secretary cum Chief Coordinator**



**Prof. Sandeep Tiwari**

**Principal (Officiating)**

# INTER-HOUSE ANNUAL ATHLETIC MEET SCHEDULE 2026

## LIST OF THE EVENTS

17/04/2026

| S. NO. | BOYS EVENT               |                        |
|--------|--------------------------|------------------------|
|        | Events                   | Time                   |
| 1      | 800 m                    | 08:30 AM               |
| 2      | Long Jump                | 08:30 AM               |
| 3      | Shot put                 | 08:30 AM               |
| 4      | 200 m                    | Heat 1 & 2<br>08:45 AM |
| 5      | 100 m                    | Heat 1 & 2<br>09:00 AM |
| 6      | 400 m                    | 09:45 AM               |
| 7      | Teaching Staff 100 m     | 09:55 AM               |
| 8      | Non-Teaching Staff 100 m | 10:00 AM               |

| S. NO. | GIRLS EVENT              |                        |
|--------|--------------------------|------------------------|
|        | Events                   | Time                   |
| 1      | 800 m                    | 08:35 AM               |
| 2      | Long Jump                | 08:30 AM               |
| 3      | Shot put                 | 08:30 AM               |
| 4      | 200 m                    | Heat 1 & 2<br>08:45 AM |
| 5      | 100 m                    | Heat 1 & 2<br>09:10 AM |
| 6      | 400 m                    | 09:50 AM               |
| 7      | Teaching Staff 100 m     | 09:55 AM               |
| 8      | Non-Teaching Staff 100 m | 10:00 AM               |

| S. NO. | Boys                | Time     | Girls         | Time     |
|--------|---------------------|----------|---------------|----------|
| 1      | 4x400 m Relay       | 10:10 AM | 4x400 m Relay | 10:25 AM |
| 2      | 4x200 m Relay       | 10:40 AM | 4x200 m Relay | 10:55 AM |
| 3      | 4x200 m Mixed Relay |          | 11:25 AM      |          |

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**Rules:**

1. Entries shall be considered House-wise.
2. Two entries from each house in each event, excluding Relay Race (2 Boys and 2 Girls).
3. One Individual can only participate in any of the 2 individual events and a maximum of two relay races.
4. In Relay Race, Four (04) athletes shall be allowed from each house.
5. In Mixed Relay Race, Total Four (04) athletes including 2 Boys and 2 Girls shall be allowed from each house.
6. Any dispute will be resolved by the jury of appeal.
7. The certificates will be provided only to the position holders.
8. Best Athlete Trophy will be awarded separately for boys and girls.
9. (a) A rolling trophy will be awarded to the best house on the basis of the following criteria:

| POSITION | POINT SYSTEM<br>INDIVIDUAL/<br>TEAM EVENT | RELAY RACE<br>POINT | MARCH-PAST<br>POINT |
|----------|-------------------------------------------|---------------------|---------------------|
| I        | 5                                         | 10                  | 10                  |
| II       | 3                                         | 6                   | 6                   |
| III      | 1                                         | 2                   | 2                   |

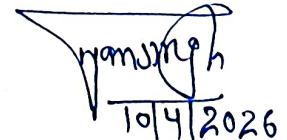
- (b) The overall trophy will be awarded based on the total points earned in individual/team events including relay races for both boys and girls, along with the marks obtained in the march past.
10. Best March Past House Trophy will be awarded.
  11. The refreshment will be provided to all the students who are present during the assembly.

**NOTE: House Incharges are requested to submit the entries by 15<sup>th</sup> April 2026 (Wednesday) before 5:00 PM to the Student Dealing Section: Mr. Ashok Kumar Saini and Mrs. Manju. No spot entries will be entertained.**



**Prof. Sandhya Tiwari**

**Joint Organizing Secretary**



**Prof. Man Singh**

**Organizing Secretary cum Chief Coordinator**